

## Race Directory (Mid-Atlantic Region + World Marathons)

2009 Date	Race	City (Start)	State	Distance	URL
Jan 01	Predictions & Resolutions	Arlington	VA	3.1	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=22&amp;year=2009&amp;month=1&amp;day=1&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=22&amp;year=2009&amp;month=1&amp;day=1&amp;catid=24</a>
Jan 03	Al Lewis 10 Miler	Kensington	MD	10	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=23&amp;year=2009&amp;month=1&amp;day=3&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=23&amp;year=2009&amp;month=1&amp;day=3&amp;catid=24</a>
Jan 17	JFK	Washington	DC	3.1/12.4	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=26&amp;year=2009&amp;month=1&amp;day=17&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=26&amp;year=2009&amp;month=1&amp;day=17&amp;catid=24</a>
Jan 18	Houston	Houston	TX	26.2	<a href="http://www.chevronhoustonmarathon.com/site3.aspx">http://www.chevronhoustonmarathon.com/site3.aspx</a>
Jan 18	Phoenix Rock 'n Roll	Phoenix	AZ	26.2	<a href="http://www.rnrz.com/home.html">http://www.rnrz.com/home.html</a>
Jan 25	Miami	Miami	FL	26.2	<a href="http://www.ingmiamimarathon.com/">http://www.ingmiamimarathon.com/</a>
Jan 25	NYRR Grand Prix - Manhattan	New York	NY	13.1	<a href="http://www.nyrr.org/races/2009/grandprix/">http://www.nyrr.org/races/2009/grandprix/</a>
Feb 01	Custus 12K	Arlington	VA	7.5	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=27&amp;year=2009&amp;month=2&amp;day=1&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=27&amp;year=2009&amp;month=2&amp;day=1&amp;catid=24</a>
Feb 08	NYRR Grand Prix - Bronx	New York	NY	13.1	<a href="http://www.nyrr.org/races/2009/grandprix/">http://www.nyrr.org/races/2009/grandprix/</a>
Feb 15	Austin	Austin	TX	26.2	<a href="http://www.youraustinmarathon.com/">http://www.youraustinmarathon.com/</a>
Feb 15	GW Birthday Marathon & Relay	Greenbelt	MD	26.2	<a href="http://www.racepacket.com/races/feb09/gwmarathon.htm">http://www.racepacket.com/races/feb09/gwmarathon.htm</a>
Feb 22	Club Challenge	Columbia	MD	10	<a href="http://annapolisstriders.org/tenmilechallenge.html">http://annapolisstriders.org/tenmilechallenge.html</a>
Mar 01	Burke Lake 12K	Fairfax Station	VA	7.5	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=30&amp;year=2009&amp;month=3&amp;day=1&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=30&amp;year=2009&amp;month=3&amp;day=1&amp;catid=24</a>
Mar 08	Fort Hunt	Alexandria	VA	6.2	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=31&amp;year=2009&amp;month=3&amp;day=8&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=31&amp;year=2009&amp;month=3&amp;day=8&amp;catid=24</a>
Mar 15	St. Patrick's Day Race	Washington	DC	5	<a href="http://www.runwashington.com/archive0209/other/stpat02list.html">http://www.runwashington.com/archive0209/other/stpat02list.html</a>
Mar 21	National Marathon	Washington	DC	26.2	<a href="http://nationalmarathon.com/">http://nationalmarathon.com/</a>
Mar 22	Rome	Rome	Italy	26.2	<a href="http://www.maratonadiroma.it/eng/home_en.asp">http://www.maratonadiroma.it/eng/home_en.asp</a>
Mar 22	Shamrock	Virginia Beach	VA	5/13.1/26.2	<a href="http://www.shamrockmarathon.com/site3.aspx">http://www.shamrockmarathon.com/site3.aspx</a>
Mar 29	Ocean Drive	Cape May	NJ	26.2	<a href="http://www.odmarathon.org/">http://www.odmarathon.org/</a>
Apr 04	Charlottesville Ten Miler	Charlottesville	VA	10	<a href="http://www.cvilletenmiler.com/">http://www.cvilletenmiler.com/</a>
Apr 05	Cherry Blossom	Washington	DC	10	<a href="http://www.cherryblossom.org/">http://www.cherryblossom.org/</a>
Apr 05	Paris	Paris	France	26.2	<a href="http://www.parismarathon.com/marathon/2009/us/index.html">http://www.parismarathon.com/marathon/2009/us/index.html</a>
Apr 18	Charlottesville Marathon	Charlottesville	VA	13.1/26.2	<a href="http://www.badtothebone.biz/index.php?option=com_content&amp;task=view&amp;id=67&amp;Itemid=203">http://www.badtothebone.biz/index.php?option=com_content&amp;task=view&amp;id=67&amp;Itemid=203</a>
Apr 18	Predicted Time 5 Miler	Washington	DC	5	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=32&amp;year=2009&amp;month=4&amp;day=18&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=32&amp;year=2009&amp;month=4&amp;day=18&amp;catid=24</a>
Apr 20	Boston Marathon	Hopkinton	MA	26.2	<a href="http://www.bostonmarathon.org/">http://www.bostonmarathon.org/</a>
Apr 25	Country Music Marathon	Nashville	TN	26.2	<a href="http://www.cmmarathon.com/home.html">http://www.cmmarathon.com/home.html</a>
Apr 25	JEB Stuart High School Raider Run	Falls Church	VA	3.1	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=59&amp;year=2009&amp;month=4&amp;day=25&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=59&amp;year=2009&amp;month=4&amp;day=25&amp;catid=24</a>
Apr 26	Big Sur	Big Sur	CA	26.2	<a href="http://www.bsism.org/site3.aspx">http://www.bsism.org/site3.aspx</a>
Apr 26	GW Parkway Classic	Alexandria	VA	10	<a href="http://www.gwparkwayclassic.com/">http://www.gwparkwayclassic.com/</a>
Apr 26	London	London	England	26.2	<a href="http://www.london-marathon.co.uk/">http://www.london-marathon.co.uk/</a>
Apr 26	Pike's Peek 10K	Rockville	MD	6.2	<a href="http://www.pikespeek10k.com/">http://www.pikespeek10k.com/</a>
May 02	Arlington Science Focus School	Arlington	VA	3.1	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=33&amp;year=2009&amp;month=5&amp;day=2&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=33&amp;year=2009&amp;month=5&amp;day=2&amp;catid=24</a>
May 02	Lead Strong Half	Freeland	MD	13.1	<a href="http://www.towson.edu/campusrec/SE-leadstrong_index.html">http://www.towson.edu/campusrec/SE-leadstrong_index.html</a>
May 03	Cincinnati	Cincinnati	OH	26.2	<a href="http://www.flyingpigmarathon.com/">http://www.flyingpigmarathon.com/</a>
May 03	Philly Broad Street Run	Philadelphia	PA	10	<a href="http://www.broadstreetrun.com/site3.aspx">http://www.broadstreetrun.com/site3.aspx</a>
May 03	Pittsburgh	Pittsburgh	PA	26.2	<a href="http://www.pittsburghmarathon.com/">http://www.pittsburghmarathon.com/</a>
May 03	Potomac River Run	Alexandria	VA	13.1/26.2	<a href="http://www.pvtrc.org/marathon.html">http://www.pvtrc.org/marathon.html</a>
May 03	Vancouver	Vancouver	Canada	26.2	<a href="http://www.bmovanmarathon.ca/">http://www.bmovanmarathon.ca/</a>
May 10	Pacers Running Festival	Arlington	VA	3.1/13.1	<a href="http://www.pacersrunningfestival.com/">http://www.pacersrunningfestival.com/</a>
May 17	Capitol Hill Classic	Washington	DC	6.2	<a href="http://www.capitolhillclassic.com/">http://www.capitolhillclassic.com/</a>
May 17	Cleveland	Cleveland	OH	26.2	<a href="http://www.clevelandmarathon.com/">http://www.clevelandmarathon.com/</a>
May 17	Ex2 Off-Road Half Marathon	Triangle	VA	13.1	<a href="http://www.ex2adventures.com/offroad-marathon.php">http://www.ex2adventures.com/offroad-marathon.php</a>
May 17	Marine Corps Historic Half	Fredericksburg	VA	13.1	<a href="http://www.marinecorpshistorichalf.com/site7.aspx">http://www.marinecorpshistorichalf.com/site7.aspx</a>
May 25	Los Angeles	Los Angeles	CA	26.2	<a href="http://www.lamarathon.com/">http://www.lamarathon.com/</a>
May 30	NYRR Grand Prix - Brooklyn	New York	NY	13.1	<a href="http://www.nyrr.org/races/2009/grandprix/">http://www.nyrr.org/races/2009/grandprix/</a>
May 31	San Diego Rock 'n Roll	San Diego	CA	26.2	<a href="http://www.rnrmarathon.com/home.html">http://www.rnrmarathon.com/home.html</a>
Jun 09	Womens Distance Festival / Run After The Women	Arlington	VA	3.1	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=36&amp;year=2009&amp;month=6&amp;day=9&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=36&amp;year=2009&amp;month=6&amp;day=9&amp;catid=24</a>
Jun 13	Lawyers Have Heart	Washington	DC	6.2	<a href="http://www.runlhh.org/">http://www.runlhh.org/</a>
Jun 13	Tim Harmon	Fairfax	VA	3.1	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=37&amp;year=2009&amp;month=6&amp;day=13&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=37&amp;year=2009&amp;month=6&amp;day=13&amp;catid=24</a>
Jun 20	Grandma's	Duluth	MN	26.2	<a href="http://www.grandmasmarathon.com/">http://www.grandmasmarathon.com/</a>
Jun 20	Hugh Jascourt Memorial 4-Miler	Washington	DC	4	<a href="http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=38&amp;year=2009&amp;month=6&amp;day=20&amp;catid=24">http://www.dcroadrunners.org/races/upcoming-races.html?task=view_detail&amp;agid=38&amp;year=2009&amp;month=6&amp;day=20&amp;catid=24</a>
Jun 27	Seattle Rock 'n Roll	Seattle	WA	26.2	<a href="http://www.rnrseattle.com/">http://www.rnrseattle.com/</a>

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2009 Date	Race	City (Start)	State	Distance	URL
Jul 04	Age-Handicap 4-Miler	Carderock	MD	4	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=39&amp;year=2009&amp;month=7&amp;day=4&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=39&amp;year=2009&amp;month=7&amp;day=4&amp;catids=24</a>
Jul 14	Bastille Day 4-Miler	Washington	DC	4	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=40&amp;year=2009&amp;month=7&amp;day=14&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=40&amp;year=2009&amp;month=7&amp;day=14&amp;catids=24</a>
Jul 22	Steve Thompson 8K	Alexandria	VA	5	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=41&amp;year=2009&amp;month=7&amp;day=22&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=41&amp;year=2009&amp;month=7&amp;day=22&amp;catids=24</a>
Aug 04	Bluemont 5K	Arlington	VA	3.1	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=43&amp;year=2009&amp;month=8&amp;day=4&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=43&amp;year=2009&amp;month=8&amp;day=4&amp;catids=24</a>
Aug 08	Cross Country 3 Miler	Bethesda	MD	3	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=44&amp;year=2009&amp;month=8&amp;day=8&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=44&amp;year=2009&amp;month=8&amp;day=8&amp;catids=24</a>
Aug 16	NYC Half Marathon	New York	NY	13.1	<a href="http://www.nyrr.org/">http://www.nyrr.org/</a>
Aug 18	Burke Lake 4.5 Miler	Fairfax Station	VA	4.5	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=45&amp;year=2009&amp;month=8&amp;day=18&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=45&amp;year=2009&amp;month=8&amp;day=18&amp;catids=24</a>
Aug 22	Larry Noel Greenbelt 15K	Greenbelt	MD	9.3	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=46&amp;year=2009&amp;month=8&amp;day=22&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=46&amp;year=2009&amp;month=8&amp;day=22&amp;catids=24</a>
Aug 30	Annapolis Ten Miler	Annapolis	MD	10	<a href="http://annapolisstriders.org/A10info2009.htm">http://annapolisstriders.org/A10info2009.htm</a>
Sep 06	Virginia Beach Rock 'n Roll	Virginia Beach	VA	13.1	<a href="http://www.rnrvb.com/home.html">http://www.rnrvb.com/home.html</a>
Sep 13	Parks Half Marathon	Rockville	MD	13.1	<a href="http://www.parkshalfmarathon.com/">http://www.parkshalfmarathon.com/</a>
Sep 19	North Face Endurance Challenge	Sterling	VA	6.2/13.1/31/50	<a href="http://www2.thenorthface.com/endurancechallenge/races/2008/wdc_registration.html">http://www2.thenorthface.com/endurancechallenge/races/2008/wdc_registration.html</a>
Sep 20	Berlin	Berlin	Germany	26.2	<a href="http://www.scc-events.com/events/berlin_marathon/2009/index.en.php">http://www.scc-events.com/events/berlin_marathon/2009/index.en.php</a>
Sep 20	NYRR Grand Prix - Queens	New York	NY	13.1	<a href="http://www.nyrr.org/races/2009/grandprix/">http://www.nyrr.org/races/2009/grandprix/</a>
Sep 20	Philly Distance Run	Philadelphia	PA	13.1	<a href="http://www.inphiladelphiadistance.com/home.html">http://www.inphiladelphiadistance.com/home.html</a>
Sep 27	National Capital 20 Mile/5 Mile	Alexandria	VA	5/20	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=47&amp;year=2009&amp;month=9&amp;day=27&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=47&amp;year=2009&amp;month=9&amp;day=27&amp;catids=24</a>
Oct 04	Army	Arlington	VA	10	<a href="http://www.armytenmiler.com/">http://www.armytenmiler.com/</a>
Oct 04	Twin Cities Marathon	Minneapolis	MN	26.2	<a href="http://www.mtcmarathon.org/index.cfm?">http://www.mtcmarathon.org/index.cfm?</a>
Oct 11	Chicago	Chicago	IL	26.2	<a href="http://www.chicagomarathon.com/cms400min/chicago_marathon/">http://www.chicagomarathon.com/cms400min/chicago_marathon/</a>
Oct 11	NYRR Grand Prix - Staten Island	New York	NY	13.1	<a href="http://www.nyrr.org/races/2009/grandprix/">http://www.nyrr.org/races/2009/grandprix/</a>
Oct 18	Columbus	Columbus	OH	13.1/26.2	<a href="http://www.columbusmarathon.com/">http://www.columbusmarathon.com/</a>
Oct 25	Marine Corps Marathon	Washington	DC	26.2	<a href="http://www.marinemarathon.com/page11.aspx">http://www.marinemarathon.com/page11.aspx</a>
Oct 26	Dublin	Dublin	Ireland	26.2	<a href="http://dublinmarathon.ie/">http://dublinmarathon.ie/</a>
Nov 01	New York	New York	NY	26.2	<a href="http://www.nycmarathon.org/">http://www.nycmarathon.org/</a>
Nov 14	Richmond	Richmond	VA	5/13.1/26.2	<a href="http://www.richmondmarathon.org/">http://www.richmondmarathon.org/</a>
Nov 22	Philadelphia	Philadelphia	PA	5/13.1/26.2	<a href="http://www.philadelphiamarathon.com/">http://www.philadelphiamarathon.com/</a>
Nov 26	Turkey Trot	Alexandria	VA	5	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=48&amp;year=2009&amp;month=11&amp;day=26&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=48&amp;year=2009&amp;month=11&amp;day=26&amp;catids=24</a>
Dec 05	Gar Williams	Alexandria	VA	13.1	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=49&amp;year=2009&amp;month=12&amp;day=5&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=49&amp;year=2009&amp;month=12&amp;day=5&amp;catids=24</a>
Dec 06	California International Marathon	Sacramento	CA	26.2	<a href="http://www.runcim.org/">http://www.runcim.org/</a>
Dec 06	Las Vegas Rock 'n Roll	Las Vegas	NV	26.2	<a href="http://www.rnrvegas.com/">http://www.rnrvegas.com/</a>
Dec 13	Bread Run	Glen Echo	MD	6.2	<a href="http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=50&amp;year=2009&amp;month=12&amp;day=13&amp;catids=24">http://www.dcroadrnners.org/races/upcoming-races.html?task=view_detail&amp;agid=50&amp;year=2009&amp;month=12&amp;day=13&amp;catids=24</a>